

Roofing Safety (Multiple-Unit Roof Coverings) Infographic





ROOFING SAFETY: WALK THIS WAY!

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Every year about 400 roofers are injured and about 37 roofers die from falls. Walking this way with the proper shoes can improve your balance and help prevent falls.

WALKING UP A ROOF

Zigging and zagging when walking up a sloped surface reduces the incline and can help you control your balance.

WALKING ACROSS A SLOPED ROOF

Walk with your feet wide apart and take shorter steps to improve your balance.



Choose the PROPER shoes for walking on roofs:

- Choose lighter boots with non-slip soles.
- Wear puncture resistant soles.
- Seek out specialty "roofer shoes" with nonslip soles, moderate stiffness, a tight fit, rear motion control, and front end flexibility.

Choose the PROPER shoes for walking on flat, narrow planks:

- Choose high-cut, above ankle, work shoes or safety boots—they provide the most balance of any shoe type.
- Avoid low-cut work shoes that are well padded—they will reduce your ability to control your balance.
- Avoid athletic shoes on planks.

Walking the right way is no substitute for fall protection.

Source: <https://www.cdc.gov>