

# OSHA Water Rest Shade Employer Guide



A guide for conducting heat safety worker training for employers.

The past few summers have shown that the risk of heat illness from high temperatures is one of the most serious challenges to the safety and health of workers.

This training guide will help you plan how to prevent heat illness among your crew and provide training to your workers. The training guide includes the following tools for the supervisor or crew leader to use:

- Complete instructions for teaching workers about heat hazards. (pages 4-16)

## **Additional resources:**

- A daily checklist to make sure all appropriate precautions are...