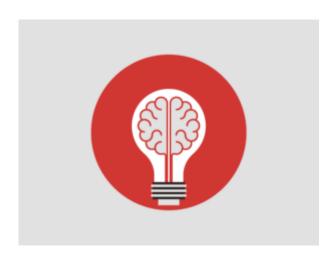
Materials Handling — Lifting for Roofing Materials — Refresher



Course Description

We all know that bundles of shingles, rolls of underlayment, or heavy equipment can be a real strain on the back, shoulders, and knees if we're not careful. This refresher will review how to lift safely, avoid injuries, and keep our workflow smooth.