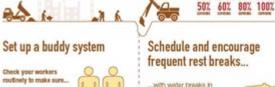
Heat Stress - Picture This - Spanish









routinely to make sure...

2: they nake use of made available water and shade.

2: they don't have held over the second of second secon



Emphasize the need for appropriate clothing

Encourage workers to wear clothing that is... Cotton clothing can be soaked in water to aid cooling.













During moderate activity in moderately hot conditions, workers should drink about...

...such as drinking small amounts of water before becoming thirsty.

