

# Falls Infographic





## YOU CAN PREVENT WORKPLACE FALLS

MILLIONS VISIT THE EMERGENCY ROOM FOR FALL-RELATED INJURIES EACH YEAR. BY PLANNING AHEAD, ASSESSING RISKS, AND USING THE RIGHT EQUIPMENT, YOU CAN STAY SAFE.



**DETERMINE NECESSARY SAFETY EQUIPMENT** BEFORE YOU BEGIN THE TASK. **NEVER USE OLD OR DAMAGED EQUIPMENT.** ONLY USE EQUIPMENT AND PERFORM TASKS ON WHICH YOU **HAVE BEEN TRAINED.**



### SCAN THE AREA

FOR POTENTIAL HAZARDS (OR INCLEMENT WEATHER, IF YOU'RE WORKING OUTSIDE).

**USE THE CORRECT TOOL** FOR THE JOB.



USE THE **LADDER OR STEPLADDER'S** LOCKING DEVICE AND KEEP **2 HANDS AND 1 FOOT (OR 2 FEET AND 1 HAND)** ON THE LADDER AT ALL TIMES.



A STRAIGHT OR EXTENSION LADDER SHOULD BE **1 FOOT AWAY** FROM THE SURFACE IT RESTS ON FOR **EVERY 4 FEET OF HEIGHT**.





WEAR **SLIP-RESISTANT SHOES** AND DO NOT STAND HIGHER THAN **THE THIRD RUNG FROM THE TOP OF THE LADDER.**

**NEVER LEAN IT** AGAINST AN **UNSTABLE SURFACE.**

SET UP EQUIPMENT ON **LEVEL GROUND.**

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