## Cold Water Survival Infographic





## Cold Water - Safety



## Plan for Immersion

- Dress for the water temperature, NOT the air temperature, this includes a wetsuit or drysuit
- · Always wear a life jacket
- More resources visit: weather.gov/safety/coldwater



## What to do if someone falls into cold water:

- Call 911
- 2. Get the person out of the water and into someplace warm immediately
- 3. Remove clothing if possible and dry the victim
- Wrap the person in warm blankets or coats and lay him/her face up, Do NOT massage limbs
- 5. Give the person warm drinks or high-energy foods if he/she is conscious



**Because** 



Cold Water
Can Kill!



weather.gov/safety/coldwater

Source: https://storymaps.arcgis.com