

# 7 Things to Know About Respirator Use





# 7 THINGS TO KNOW

## About Respirator Use

Respirators are a must for work in environments with low oxygen levels or harmful debris, fumes, gases, or vapors. Share these seven tips with your workers.



### Shave It.

Beards are fly but facial hair, especially a full beard, gets in the way of a tight-fitting face-to-facepiece seal.



### Toss It.

Disposable respirators aren't designed for repeated use. Dispose of them after every use and get a new one the next time.



### Remove It.

Remove protective covers on cartridges before putting them the respirator. They won't filter with the cover still on.



### End of Life.

Filters on half-mask and full-mask respirators must be changed frequently. How often depends on the concentration of the hazardous substance, age of the filter, and how they are stored.



### Test It.

Fit testing is a must to ensure proper fit and the highest level of protection.



### Choose Wisely.

Choosing the right equipment involves:

- Determining what the hazard is and its extent.
- Considering user factors that affect respirator performance and reliability.
- Selecting an appropriate NIOSH-certified respirator.



### Don and Doff It.

Train workers how to put on and take off their respirator.